

GlitterBug Demonstration

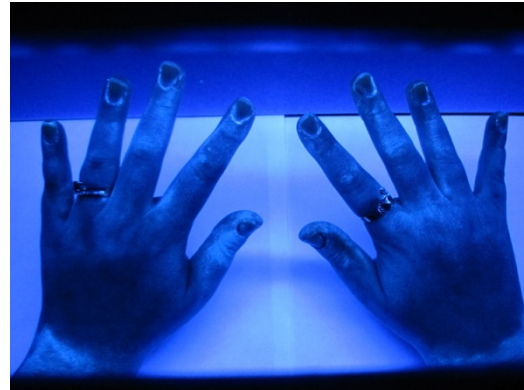


Quick Description

Test your handwashing skills with the hands-on demonstration unit.

Required Materials

- ★ Soap
- ★ *GlitterBug* potion
- ★ *Glitterbug* demonstration unit with UVA light
- ★ Handwashing sink



Preparation

Contact the Porcupine Health Unit to book a *GlitterBug* demonstration unit. You may choose to borrow the equipment or have Porcupine Health Unit staff do the presentation.

Directions

- ★ Refer to the handwashing poster provided in this kit to model a good handwashing technique.
- ★ Apply *GlitterBug* potion generously to your hands, make sure to get between the fingers and on top of hands as well.
- ★ Look at your hands under the UVA light, they should be completely glowing.
- ★ Wash your hands.
- ★ Inspect your hands once more. Fluorescent particles present on hands will sparkle under the UVA light.

Variations

Have students compete against each other for the cleanest hands.

Facilitating Comments

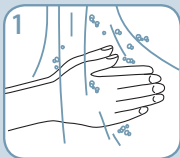
- ★ Keep nails short, no artificial nails and avoid chipped nail polish.
- ★ Remove jewellery when washing your hands.
- ★ Wash wrists and forearms if they have been contaminated.
- ★ Make sure that sleeves are rolled up and do not get wet during washing.

Major Learning Concepts

- ★ Good handwashing technique

How to handwash

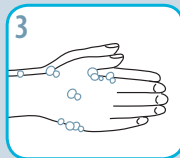
Lather hands for 15 seconds



Wet hands with warm water.



Apply soap.



Lather soap and rub hands palm to palm.



Rub in between and around fingers.

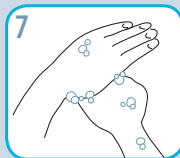
Lather hands for 15 seconds



Rub back of each hand with palm of other hand.



Rub fingertips of each hand in opposite palm.



Rub each thumb clasped in opposite hand.



Rinse thoroughly under running water.



Pat hands dry with paper towel.



Turn off water using paper towel.



Your hands are now safe.



JUST CLEAN
YOUR HANDS

How to handrub

Rub hands for 15 seconds



1 Apply 1 to 2 pumps of product to palms of dry hands.



2 Rub hands together, palm to palm.



3 Rub in between and around fingers.



4 Rub back of each hand with palm of other hand.

Rub hands for 15 seconds



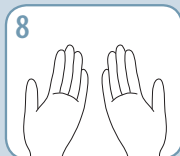
5 Rub fingertips of each hand in opposite palm.



6 Rub each thumb clasped in opposite hand.



7 Rub hands until product is dry. Do not use paper towels.



8 Once dry, your hands are safe.



JUST CLEAN
YOUR HANDS