



Germs Travel

Quick Description

An experiment to show children how germs are spread.

Required Materials

- ★ Glitter

Directions

- ★ Inform the children that you are going to show them how easily germs can spread if we don't cough or sneeze into our sleeves; or if we don't properly clean our hands.
- ★ Sprinkle sparkles on one child's hand. Have the children line up and one by one shake hands.
- ★ Observe the last person's hands, can you see any glitter?



Variations

- ★ This activity can be done after "Ah...Ah... Choo!"
- ★ You could also practice handwashing after this activity; the glitter needs to be washed off.
- ★ You may also contact the Porcupine Health Unit to borrow glow germ powder and a UV light instead of the glitter.

Facilitating Comments

- ★ Germs can be passed from person to person.

Major Learning Concepts

- ★ Germs can be transmitted from person to person
- ★ Importance of a proper coughing/sneezing etiquette
- ★ Importance of frequent handwashing